Brain FUN Facts

* The brain, the most complex structure of the human body weighs approx 6.5kgs
* The brain is like a powerful computer that stores our memory and controls how we think and act.
* The brain encases 100 billion or more nerve cells and can send signals to thousands of other cells at a rate of about 320 k/m’s per hour
* The energy used by the brain is enough to light a 25 watt light bulb
* More electrical impulses are generated in one day by a single human brain than by ALL the telephones in the world
* The human brain is estimated to generate 70,000 thoughts on an average day
* The human brain is approx 75% water
* Your brain uses approx 20% of the total oxygen pumping around your body and about 750ml of blood pumps through your brain every minute

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